Privacy Guarantees — Many people need privacy for safety before they will join an authentic or public conversation.

Safety First, Then Challenge — Make sure people know they are or will be safe, while also giving them the challenges that make their involvement meaningful.

Sortition — Random selection (sortition) is a proven method for getting diversity; although some forms of diversity require special forms of sortition to reconvene groups.

Spaces for Dialogue and Collaboration — To the extent adequate places and times are not provided or don’t work for people, they just won’t show up.

Universal Participation — The realization that everyone is already co-creating what’s happening helps us bring the right people into newly creative interactions and to avoid blaming some of them.

Whole System in the Conversation — In most cases you want to involve people with all the diverse pieces of the puzzle you are trying to address.

Circles and Cycles — Arranging group participants in a circle fosters peer relationships and shared focus. Circles provide second chances and opportunities for review. Both of these can help generate collective wisdom and resourcefulness.

Civil Rights — Formalizing people’s rights to believe, speak and associate does not generate genuine interactions, but if we don’t have those rights, we risk losing the capacity to do creative good things together.

Constraints on Concentrated Power — Domination shuts people up and mass manipulation distorts how they think and feel, neither of which enables “healthy interactions that generate wisdom and resourcefulness”.

Deliberation — If we’re thinking about something together, it really helps to do a thorough job of it.

Feeling Heard — When someone feels truly heard, their bodymind relaxes. They no longer have to push or back off. They can just be there and hear others, with profound implications for “healthy interaction”!

Generating Shared Orientation — If we want to see the big picture, we need to make an effort to gather diverse information from all facets of that picture.

Groundedness — Grasping the big essence of what’s happening involves being fully present and centered, keeping things real, and not getting distracted by things that aren’t actually true, important and vital.

Multi-Modal Intelligence — Multimodal images help us to collectively tap the gifts of life, we care in big enough ways.

Power of Listening — It’s no use taking if no one’s listening—and it’s good to know the most productive and profound ways to listen.

Powerful Questions — These lead us to explore what matters—which most people are unaware of or what we’re most passionate about.

Proposals and Outcomes Emergent — Starting with a question or issue and using our exploratory powers to discover what we need to do can expand our thinking and creativity more than starting with a proposal.

Socially Significant Perspectives, and dreams flow most easily among us in the form of stories.

Transparitan Inquiry — It is safer to talk with the enemy if we assure them we don’t have to give up our views and values, but just listen well and be civil and co-creative and see what happens.

Capacitance — If we are going to try to comprehend the whole picture, we’re going to run into a lot of things that don’t settle down or sit easily with each other. We’ll need to hold them all without jumping to premature conclusions.

Context Awareness — What’s all around, before, and after any situation are potent parts of the picture that we easily miss by focusing only on what’s up front and immediate.

Dancing Among Clarity, Inquiry, Mystery — … This explores how our friendship with uncertainty can develop into a three-step dance of humble, productive learning.

Expanding Situational Curiosity — It helps to be aware that at any given time we don’t know everything relevant to the situation, so we can stay humble and keep expanding our explorations.

Expertise on Tap (Not on Top) — Experts have special knowledge vital to our success in furthering our values and aspirations—but that doesn’t mean their values and aspirations should have the final say.

Full Spectrum Information — If we want to see the big picture, we need to make an effort to gather diverse information from all facets of that picture.

Groundedness — Grasping the big essence of what’s happening involves being fully present and centered, keeping things real, and not getting distracted by things that aren’t actually true, important and vital.

Multi-Modal Intelligence — Multimodal images help us to see in big enough ways.

Proposals and Outcomes Emergent — Starting with a question or issue and using our exploratory powers to discover what we need to do can expand our thinking and creativity more than starting with a proposal.

Wise Use of Uncertainty — It helps to be aware that we don’t know everything relevant to the situation, so we can stay humble and keep expanding our explorations.

Systems Thinking — There are many ways we can understand and work with the many things ways are interconected—and that’s a vital and off-set of the larger dimension of addressing any situation.

Taboo Awareness — If we can talk about it, it will hide from us and we may not discuss it. So far we find that the dynamic we create by talking about taboo topics is profound and valuable.

Tackling Cognitive Limitations — We have created a world that we didn’t design, so we have created the way things are connected and that’s a vital and off-set of the larger dimension of addressing any situation.

Wise Use of Uncertainty — It helps to be aware that we don’t know everything relevant to the situation, so we can stay humble and keep expanding our explorations.

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Deep Time Perspective — In our work today we need to be aware of history, evolution and future generations.

Fair Sharing of Costs and Benefits — Other caring starts with noticing and addressing who benefits and who suffers from the ways things are set up.

Nature First — There is probably nothing more fundamental than caring about and for the Earth and natural systems upon which we depend totally.

Possibility Thinking — Beyond any current complexities, constraints, or assumptions, we can always consider what is possible right now that could enhance life.

Sacredness — Our most potent caring grounds us in the intrinsic value of things beyond their obvious connections to our lives — including the value things have for others.

Visionary Attractors — We can draw into greater, better possibilities by clear examples and visions that grab our imaginations.

Whole Healing — Moving into greater wholeness — “healing” — ideally involves the lives, behaviors and conditions of individuals, groups, and whole societies and cultures.

Working With Feelings — We can engage with feelings in ways that tap the immense power of natural caring — in and for ourselves, each other and life.

Optimizing Freedoms and Constraints — Pursuing goals can be viewed as games shaped by what players can and cannot do, with fair opportu- nity for all to effectively play the games that matter to them and the whole.

Partnership Culture — We can make collaboration cool, enjoyable, potent, skilled, desirable, expected, habitual...

Prudent Use of Power-Over — Sure, we sometimes have to manage and control things, but we can often use other approaches for even better results.

Range of Tolerance — The flexible range of our tolerance can guide our willingness to empower others to work towards shared goals and keep us from getting bogged down seeking elusive agreement and perfection.

Realizing Essential Aspirations — People need and want things — different things and similar things — and such motivators can generate power to get things done together.

Self-Organization Fostered — So much of what groups and lives need to meet their challenges already exists in and among them, to flourish under conditions we can help realize.

Well-Utilized Life Energy — The more we can tap into and empower the needs, dreams and aptitudes people already have, the less outside energy and management we’ll need to apply and the better our results will be.

Working the Field — Field extensively influence everything in them, so working with field dynamics can make all the nonlinear difference in the world.

Alphabetical list of all the patterns

1. All Concerns Addressed
2. Appreciative Thinking
3. Appropriate Technology
4. Civil Rights
5. Bringing Understanding to Life
6. Capacitation
7. Caring into Quality
8. Circles and Cycles
9. Citizen-Stakeholder Integration
10. Connecting Nodes of Life Energy
11. Consent
12. Constraints on Concentrated Power
13. Consulting and Abiding by Willingness
14. Context Awareness
15. Cooperative Ownership as Stewardship
16. Creative Experimentation
17. Critical Thinking
18. Dancing Among Clarity, Inquiry, Mystery...
19. Deep Time Perspective
20. Deliberation
21. Diversity
22. Enough Time
23. Equity
24. Expanding Situational Curiosity
25. Expertise on Tap (Not on Top)
26. Exuberance
27. Fair Sharing of Costs and Benefits
28. Feeling Heard
29. Felt Agency
30. Full Cost Accounting
31. Full Spectrum Information
32. Fullness of Choice
33. Generating Shared Orientation
34. Generative Interactions
35. Glocal Subsidiarity
36. Groundedness
37. Grounding in Fundamental Needs
38. Healthy Competition/Cooperation Dynamics
39. Healthy Polarities Dynamics
40. Holistic Leadership and Governance Dynamics
41. Inclusive Stakeholder Governance
42. Integral Political Will
43. Integrity and Authenticity
44. Iteration
45. Life-Enhancing Enoughness
46. Metabolizing Polarization
47. Micro Empathy
48. Multi-Media Engagement
49. Multi-Modal Intelligence
50. Multi-Modal Power
51. Multiple Perspective View
52. Nature First
53. Nurturing Social Capital
54. Optimizing Freedoms and Constraints
55. Out of Many, One
56. Partnership Culture
57. Possibility Thinking
58. Power of Listening
59. Powerful Questions
60. Privacy Guarantees
61. Proposals and Outcomes
62. Emergent
63. Prudent Progress
64. Prudent Use of Power Over
65. Quality of Life Indicators
66. Range of Tolerance
67. Realizing Essential Aspirations
68. Regenerativity
69. Restorative Justice
70. Rich Feedback Dynamics
71. Sacredness
72. Safety First, Then Challenge
73. Self-Organization Fostered
74. Sortition
75. Spaces for Dialogue and Collaboration
76. Story
77. Synergy Between Part and Whole
78. Systems Thinking
79. Taboo Awareness
80. Tackling Cognitive Limitations
81. Transporter Inquiry
82. Universal Intelligence
83. Universal Participation
84. Using Diversity and Disturbance Creatively
85. Visionary Attractors
86. Whole Utilized Life Energy
87. Whole Healing
88. Whole System in the Conversation
89. Wholesome Life Learning
90. Wise Use of Uncertainty
91. Working the Field
92. Working With Feelings

Connecting Nodes of Life Energy — We can network different people’s energies into potent collaborative webs of intention and action.

Consent — We can create space for initiatives by those directly engaged, with due regard to dissent that indicates something needs to be addressed.

Critical Thinking — Anything we can do to notice what is or isn’t working — and why — can help us accomplish what’s needed.

Exuberance — Vitality and enjoyment attract and empower engagement by everyone.

Glocal Subsidiarity — Ideally decisions are made close to where the action is, but also in light of needs and dynamics present at larger and smaller scales.

Healthy Competition/Cooperation Dynamics — Both modes have positive and negative manifestations, so let’s avoid the dovesides and synergize the upswings.

Holistic Leadership and Governance Dynamics — There are many ways to call forth and engage the vital energy of whole living systems to be productive while sustaining, healing, and evolving themselves.

Inclusive Stakeholder Governance — If the diverse players already involved in an issue domain all work together, what needs to be handled will be handled well.

Integral Political Will — When the whole system wants something done, it gets done — so we can help that happen.

Multi Modal Power — There are so many sources of power available to us — influence and control, collaboration, mutual aid and stimulation, presence and witnessing... We just need to integrate and apply them wisely.